

# 2025 Over-the-Counter & Bathroom Safety Catalog

CareFirst BlueCross BlueShield DualPrime (HMO-SNP)



# Over-the-Counter (OTC) Catalog

## How do I order?



### Order by mail

Complete the order form included in this catalog and mail it to the address at the bottom of the form.



### Order by phone

Call **844-479-6334** (TTY:711). Member Experience Advisors are available 8 a.m.–8 p.m. EST, seven days a week.



### Order online

Visit [dualprime.nationsbenefits.com](https://dualprime.nationsbenefits.com) to place your order online. Allow two days for delivery after your order is processed for your product(s) to arrive.

Your order will be applied to the benefit period in which your completed order form is received. Orders exceeding the quantity limit, if any, will be reduced to the maximum quantity remaining.

## What is my allowance?



### OTC items

You have a monthly allowance of \$130 that can be applied to products listed in this catalog.



# Over-the-Counter (OTC) Items Order Form

STEP 1—COMPLETE YOUR INFORMATION BELOW			
Member ID (found on Health ID card):		Date of Birth:	
First Name:		Last Name:	
Address:			Apt. #:
City		State	ZIP
Phone:		Email (optional):	

STEP 2—PRODUCT SELECTION			
Cash, checks, credit cards or money orders are not accepted under this OTC benefit.			
ITEM #	PRODUCT NAME	QUANTITY	PRICE
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
TOTAL ORDER			\$

**STEP 2—PRODUCT SELECTION (CONTINUED)**

Cash, checks, credit cards or money orders are not accepted under this OTC benefit.

ITEM #	PRODUCT NAME	QUANTITY	PRICE
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
TOTAL ORDER			\$

**STEP 3—MAIL COMPLETED FORM**

Mail this completed form to the following address:

NationsOTC  
1700 N. University Drive  
Plantation, FL 33322

If you have any questions or need assistance placing your order, please call us at **844-479-6334** (TTY: 711). Member Experience Advisors are available. Language support services are available if needed.

I understand that the phone numbers and/or emails I provided on this form may be used by the health plan or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

CareFirst BlueCross BlueShield Medicare Advantage is the shared business name of CareFirst Advantage DSNP, Inc. and CareFirst Advantage, Inc., which are independent licensees of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

The items listed in this catalog are sorted by category to make it easy for you to find what you need.

## Table of Contents

6	Anticandidal (Yeast)	19	Home Health Care
6	Cold, Flu & Allergy	19	Incontinence Supplies
8	Dental & Denture Care	21	Pain Relief
10	Diabetes Care	24	Pediculicide (Lice Treatment)
10	Digestive Health	24	Personal Care
13	Eye & Ear Care	24	Rehabilitation, Therapy & Exercise
14	Feminine Care	25	Skin Care
14	First Aid & Medical Supplies	25	Sleep Aids
16	Foot Care	26	Smoking Cessation
17	Hemorrhoidal Preparations	26	Supports & Braces
17	Home Diagnostic & Patient Aids	28	Vitamins & Dietary Supplements

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
<b>Anticandidal (Yeast)</b>				
6017	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator), 1%, 1.5 oz.	1%	1 ct.	\$9.00
5016	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator), 2%, 0.32 oz.	2%	1 ct.	\$15.00
5283	Monistat® Vaginal Cream, 3-Day, 4%, 0.18 oz.	4%	1 ct.	\$24.00
5850	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator), 6.5%, 0.16 oz.	6.5%	1 ct.	\$18.00
<b>Cold, Flu &amp; Allergy</b>				
5252	Abreva® Cream, 10%, 2 gm.	10%	1 ct.	\$26.00
5084	Acetaminophen Sinus Congestion Caplets, 325 mg., 5 mg.	325 mg., 5 mg.	24 ct.	\$8.00
5335	Afrin® Nasal Spray, 0.05%, 0.5 oz.	0.05%	1 ct.	\$13.00
5790	Airborne® Chew†	-	32 ct.	\$14.00
4451	Benadryl® Allergy Tablets, 25 mg.	25 mg.	24 ct.	\$12.00
5606	Blistex® Ointment, 0.15 oz.	-	1 ct.	\$4.00
5344	Carmex®	-	1 ct.	\$3.00
5133	Cepacol® Sore Throat Lozenges	-	16 ct.	\$6.50
5052	Cetirizine Allergy Tablets, 10 mg.	10 mg.	30 ct.	\$13.00
6015	Chlorpheniramine Maleate Allergy Tablets, 4 mg.	4 mg.	100 ct.	\$5.75
5334	Claritin® Tablets, 10 mg.	10 mg.	10 ct.	\$19.00
4102	Cold-Eeze® Lozenges, Honey Lemon	-	25 ct.	\$17.00
5163	Coricidin®	-	20 ct.	\$12.00
5338	Cough & Cold for High Blood Pressure	-	16 ct.	\$6.50
5220	Cough Drops, Cherry	-	30 ct.	\$4.00
5202	Cough Drops, Halls®	-	25 ct.	\$5.50
5545	Cough Drops, Honey Lemon	-	30 ct.	\$4.00
5126	Cough Drops, Menthol	-	30 ct.	\$4.00
4471	Cough Drops, Ricola® Original Herb	-	21 ct.	\$6.25
4472	Cough Drops, Ricola® Original Herb Sugar-Free	-	19 ct.	\$6.25
5405	Cough Drops, Sugar-Free	-	25 ct.	\$4.50
5690	Cromolyn Sodium Allergy Nasal Spray, 26 ml.	-	1 ct.	\$13.00



Item #	Description	Strength	Count	Price
5399	Day & Night Cold & Flu Caplets	-	20 ct.	\$7.00
5153	Day Cold & Flu Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	325 mg., 10 mg., 5 mg.	1 ct.	\$8.50
5236	Day Cold & Flu Softgels	-	16 ct.	\$8.50
5234	DayQuil® Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	325 mg., 10 mg., 5 mg.	1 ct.	\$14.00
4440	Delsym® Cough Relief, 30 mg., 5 oz.	30 mg.	1 ct.	\$19.00
5451	Diphenhydramine Allergy Tablets, 25 mg.	25 mg.	24 ct.	\$4.00
5854	Diphenhydramine Allergy Tablets, 25 mg.	25 mg.	100 ct.	\$6.00
5855	Fexofenadine Allergy Tablets, 180 mg.	180 mg.	30 ct.	\$13.00
5856	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 144 sprays, 50 mcg.	50 mcg.	1 ct.	\$24.00
5095	Green Tea Flu & Cold Honey Lemon	-	6 ct.	\$9.00
6028	Herpecin-L® Lip Balm, 1%, 0.1 oz.	1%	1 ct.	\$9.00
4001	Levocetirizine Allergy Tablets, 5 mg.	5 mg.	35 ct.	\$7.00
5418	Loratadine Allergy Tablets, 10 mg.	10 mg.	30 ct.	\$6.50
5857	Loratadine Allergy Tablets, 10 mg.	10 mg.	90 ct.	\$14.00
6031	Loratadine Allergy Tablets, 10 mg.	10 mg.	365 ct.	\$25.50
5559	Medicated Lip Balm, 0.15 oz.	-	1 ct.	\$2.50
4070	Mentholatum® Original Ointment Vapor Rub, 1 oz.	-	1 ct.	\$4.75
5465	Mucinex® DM Tablets, 600 mg., 30 mg.	600 mg., 30 mg.	20 ct.	\$20.00
4475	Mucinex® Fast-Max® Day & Night Cold & Flu Liquid, 12 oz.	-	2 ct.	\$28.00
5464	Mucinex® Tablets, 600 mg.	600 mg.	20 ct.	\$18.00
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg.	1,200 mg., 60 mg.	14 ct.	\$10.50
5087	Mucus Relief DM Tablets, 400 mg., 20 mg.	400 mg., 20 mg.	30 ct.	\$8.00
5691	Mucus Relief Tablets, 400 mg.	400 mg.	100 ct.	\$9.00
6061	Multi-Symptom Cold Formula Caplets, 10 mg., 5 mg., 325 mg.	10 mg., 5 mg., 325 mg.	24 ct.	\$5.75
5345	Nasacort® Allergy Relief 24-Hour, 60 sprays, 10.8 ml.	-	1 ct.	\$22.00
5799	Nasal Decongestant Inhaler	-	1 ct.	\$8.00
5081	Nasal Decongestion Spray, 0.05%, 1 oz.	0.05%	1 ct.	\$5.50

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
5807	Nasal Rinse Kit, Saline	-	1 kit	\$19.00
5197	Neti Pot	-	1 ct.	\$14.50
5040	Night Cold & Flu Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	650 mg., 30 mg., 12.5 mg.	1 ct.	\$8.50
5083	Night Cold & Flu Softgels	-	16 ct.	\$8.50
5233	NyQuil® Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	650 mg., 30 mg., 12.5 mg.	1 ct.	\$14.00
5235	NyQuil® Softgels LiquiCaps®, 325 mg., 15 mg., 6.25 mg.	325 mg., 15 mg., 6.25 mg.	16 ct.	\$13.00
5005	Robitussin® DM Syrup, 200 mg., 20 mg., 4 oz.	200 mg., 20 mg.	1 ct.	\$11.00
5072	Saline Nasal Spray, 0.65%, 1.5 oz.	0.65%	1 ct.	\$4.00
5693	Sore Throat Lozenges, Cherry	-	18 ct.	\$5.00
5694	Sore Throat Spray, Cherry, 6 oz.	-	1 ct.	\$6.75
5007	Thera-Flu® Multi-Symptom, Lemon, 500 mg., 20 mg., 10 mg.	500 mg., 20 mg., 10 mg.	6 ct.	\$14.00
4094	Tussin CF Syrup, 200 mg., 20 mg., 10 mg., 4 oz.	200 mg., 20 mg., 10 mg.	1 ct.	\$3.75
5015	Tussin Congestion Relief Syrup, 200 mg., 4 oz.	200 mg.	1 ct.	\$5.00
5023	Tussin DM Sugar-Free Syrup, 100 mg., 10 mg., 4 oz.	100 mg., 10 mg.	1 ct.	\$7.00
5008	Tylenol® Sinus Congestion Caplets, 325 mg., 5 mg.	325 mg., 5 mg.	24 ct.	\$12.50
5511	Vapor Rub, 3.5 oz.	-	1 ct.	\$6.00
4066	Zicam® Cold Remedy RapidMelts®	-	25 ct.	\$18.50
5426	Zyrtec®, 10 mg.	10 mg.	14 ct.	\$25.00
<b>Dental &amp; Denture Care</b>				
5700	Biotene® Dry Mouth Oral Rinse, 16 oz.	-	1 ct.	\$15.00
4462	Toothpaste, Biotene® Fluoride, 4.3 oz.	-	1 ct.	\$11.50
5330	Dental Floss, Mint Waxed	-	1 ct.	\$3.50
5130	Dental Floss, Reach®, Mint Waxed	-	1 ct.	\$4.00
4127	Dental Night Guard	-	1 ct.	\$30.00
5168	Dental Travel Kit	-	1 ct.	\$7.00

Item #	Description	Strength	Count	Price
5260	Denture Adhesive Cream, 2.4 oz.	-	1 ct.	\$5.00
5626	Denture Brush	-	1 ct.	\$3.00
5546	Denture Cleaning Tablets	-	40 ct.	\$5.50
5808	Efferdent® Plus Mint Tablets	-	44 ct.	\$10.00
5204	Efferdent® Tablets	-	20 ct.	\$3.00
5504	Fixodent® Cream, 0.75 oz.	-	1 ct.	\$4.00
5379	Fixodent® Cream, 2.4 oz.	-	1 ct.	\$8.00
5200	Interdental Flossers	-	90 ct.	\$4.50
4073	Interdental Gum Brushes	-	10 ct.	\$4.75
4128	Loose Cap & Filling Repair	-	1 ct.	\$7.50
5113	Mouthwash, 4 oz.	-	1 ct.	\$3.50
4110	Mouthwash, Listerine® Mint, 8.5 oz.	-	1 ct.	\$7.00
5195	Oral Pain Relief Gel, 20%, 0.33 oz.	20%	1 ct.	\$5.00
5701	Polident® Denture Cream, 3.9 oz.	-	1 ct.	\$8.50
5809	Polident® Overnight	-	84 ct.	\$14.00
5810	Tongue Cleaner	-	1 ct.	\$6.00
4129	Toothbrush Protector	-	1 ct.	\$2.50
5510	Toothbrush, Adult	-	1 ct.	\$1.50
6051	Toothbrush, Battery Powered	-	1 ct.	\$21.00
5101	Toothbrush, Colgate®, Adult Medium	-	1 ct.	\$3.50
5505	Toothbrush, Colgate®, Adult Soft	-	1 ct.	\$3.50
5160	Toothbrush, Rechargeable	-	1 ct.	\$47.00
5161	Toothbrush, Rechargeable Replacement Heads	-	2 ct.	\$19.00
5702	Toothbrush, Soft 2-pack	-	1 ct.	\$6.00
5241	Toothpaste Squeezer	-	1 ct.	\$3.25
5047	Toothpaste, Colgate®, 4 oz.	-	1 ct.	\$6.00
5811	Toothpaste, Crest® Sensi-Relief, 4.1 oz.	-	1 ct.	\$10.50
5102	Toothpaste, Fluoride, 6.4 oz.	-	1 ct.	\$5.50
5859	Toothpaste, Pepsodent®, 5.5 oz.	-	1 ct.	\$4.75
5421	Toothpaste, Sensitive Teeth, 4.3 oz.	-	1 ct.	\$5.00
4065	Toothpaste, Sensodyne® Extra Whitening Sensitive Teeth, 4 oz.	-	1 ct.	\$11.50
4482	Toothpaste, Sensodyne® Pronamel, 4 oz.	-	1 ct.	\$11.50

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
5530	Toothpaste, Travel Size, 0.85 oz.	-	1 ct.	\$1.25
5294	Toothpaste, Ultrabrite®, 6 oz.	-	1 ct.	\$5.00
5703	Water Jet Replacement Tips	-	5 ct.	\$17.00
5654	Water Jet, Battery Operated	-	1 ct.	\$47.50
<b>Diabetes Care</b>				
5295	Alcohol Pads*	-	100 ct.	\$4.50
4109	Alcohol Pads, Large*	-	100 ct.	\$6.00
5812	Diabetic Skin Relief Foot Cream, 4 oz.	-	1 ct.	\$13.00
5225	Diabetic Socks, Black, Medium, 3-pack	-	1 ct.	\$9.00
5223	Diabetic Socks, Black, Large, 3-pack	-	1 ct.	\$9.00
5860	Diabetic Socks, Black, X-Large, 3-pack	-	1 ct.	\$9.00
5224	Diabetic Socks, White, Medium, 3-pack	-	1 ct.	\$9.00
5222	Diabetic Socks, White, Large, 3-pack	-	1 ct.	\$9.00
5861	Diabetic Socks, White, X-Large, 3-pack	-	1 ct.	\$9.00
6052	Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack	-	1 ct.	\$11.00
6053	Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack	-	1 ct.	\$11.00
6054	Diabetic Socks, Ultra Soft Padded, Black, X-Large, 2-pack	-	1 ct.	\$11.00
6055	Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack	-	1 ct.	\$11.00
6056	Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack	-	1 ct.	\$11.00
6057	Diabetic Socks, Ultra Soft Padded, White, X-Large, 2-pack	-	1 ct.	\$11.00
5313	Glucose Tablets	-	50 ct.	\$8.00
5528	Sharps Container, 1 qt.	-	1 ct.	\$5.00
<b>Digestive Health</b>				
5214	Alka-Seltzer® Tablets	-	24 ct.	\$9.00
6004	Antacid / Anti-Gas Liquid, 12 oz.	-	1 ct.	\$6.00
5304	Antacid Chewables, 500 mg.	500 mg.	150 ct.	\$6.50
5438	Antacid Chewables, Extra Strength, 750 mg.	750 mg.	96 ct.	\$6.00
4063	Antacid Soft Chewables, Ultra Strength, 1,177 mg.	1,177 mg.	36 ct.	\$6.00

Item #	Description	Strength	Count	Price
5060	Anti-Nausea Liquid, 4 oz.	-	1 ct.	\$6.00
6062	Beano®	-	30 ct.	\$10.00
4460	Benefiber® Fiber Supplement, Unflavored, 62 dose, 8.7 oz.	-	1 ct.	\$23.00
5075	Bisacodyl Suppository, 10 mg.	10 mg.	12 ct.	\$4.50
5213	Bisacodyl Tablets, 5 mg.	5 mg.	100 ct.	\$3.75
5475	Colace® Caplets, 100 mg.	100 mg.	30 ct.	\$20.00
5420	Docusate Sodium Stool Softener Softgels, 100 mg.	100 mg.	100 ct.	\$7.50
5254	Dramamine® Tablets, 50 mg.	50 mg.	36 ct.	\$16.00
5238	Driminate Motion Sickness Tablets, 50 mg.	50 mg.	12 ct.	\$2.75
5477	Dulcolax® Suppository, 10 mg.	10 mg.	8 ct.	\$18.00
5554	Dulcolax® Tablets, 5 mg.	5 mg.	25 ct.	\$12.00
5466	Effervescent Tablets	-	36 ct.	\$6.00
5036	Enema, Mineral Oil, 4.5 oz.	-	1 ct.	\$4.00
5167	Enema, Saline Laxative, 4.5 oz.	-	1 ct.	\$2.25
5862	Esomeprazole Magnesium Acid Reducer, Delayed Release Tablets, 20 mg.*	20 mg.	42 ct.	\$17.00
5079	Famotidine Acid Reducer, 10 mg.*	10 mg.	30 ct.	\$6.50
5021	Fiber Laxative Caplets, 625 mg.	625 mg.	90 ct.	\$11.00
5028	Fleet® Saline Enema, 4.5 oz.	-	1 ct.	\$3.75
5280	Gas Relief Chewable Tablets, 80 mg.	80 mg.	100 ct.	\$7.00
5009	Gas-X® ES Chewables, 125 mg.	125 mg.	18 ct.	\$10.00
5188	Glycerin Suppositories	-	25 ct.	\$5.75
4450	Imodium® Multi-Symptom Relief Caplets, 2 mg., 125 mg.*	2 mg., 125 mg.	12 ct.	\$14.50
5043	Lactaid® Tablets, 9,000 FCC	9,000 FCC	32 ct.	\$18.00
5077	Lactase Enzyme Caplets, 9,000 FCC	9,000 FCC	60 ct.	\$9.00
4122	Lansoprazole Acid Reducer, Delayed Release Capsules, 15 mg.*	15 mg.	14 ct.	\$8.00
5429	Loperamide Anti-Diarrheal Caplets, 2 mg.*	2 mg.	12 ct.	\$6.25
4064	Loperamide Anti-Diarrheal Liquid, 1 mg., 4 oz.	1 mg.	1 ct.	\$6.00
4042	Loperamide Simethicone Anti-Diarrheal & Anti-Gas Caplets, 2 mg., 125 mg.*	2 mg., 125 mg.	12 ct.	\$6.00

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
5801	Magnesium Citrate, Saline Laxative, Lemon, 10 oz.	-	1 ct.	\$4.75
6033	Meclizine Motion Sickness Tablets, 12.5 mg.	12.5 mg.	100 ct.	\$7.50
4442	Metamucil® Fiber Gummies	-	72 ct.	\$26.00
4441	Metamucil® Fiber Thins, 4 gm.	4 gm.	24 ct.	\$15.50
5292	Metamucil®, Orange, 114 dose, 48 oz.	-	1 ct.	\$33.00
5290	Metamucil®, Sugar-Free Orange, 72 dose, 15 oz.	-	1 ct.	\$26.00
5697	Methylcellulose Fiber Therapy, 16 oz.	-	1 ct.	\$13.00
5795	Milk of Magnesia, 12 oz.	-	1 ct.	\$5.00
5033	Natural Vegetable Laxative (Psyllium), 13 oz.	-	1 ct.	\$11.00
6037	Natural Vegetable Laxative (Psyllium), 30.4 oz.	-	1 ct.	\$17.00
6038	Natural Vegetable Laxative, Sugar-Free (Psyllium), 15 oz.	-	1 ct.	\$14.00
5056	Nexium®, 20 mg.*	20 mg.	14 ct.	\$17.00
5025	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	20 mg.	14 ct.	\$9.50
5863	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	20 mg.	42 ct.	\$24.00
5864	Omeprazole Acid Reducer, Delayed Release, Dissolvable Tablets, 20 mg.*	20 mg.	42 ct.	\$24.00
5217	Pepcid® AC, 10 mg.*	10 mg.	30 ct.	\$16.00
5286	Pepto-Bismol®, 525 mg., 8 oz.	525 mg.	1 ct.	\$7.50
5287	Pepto-Bismol®, 525 mg., 16 oz.	525 mg.	1 ct.	\$13.50
5289	Pepto-Bismol® Tablets, 262 mg.	262 mg.	30 ct.	\$9.00
5696	Polyethylene Glycol Powder Laxative, 8.3 oz.	-	1 ct.	\$16.00
5288	Prilosec OTC®, 20 mg.*	20 mg.	14 ct.	\$18.00
5212	Senna + Laxative Tablets, 50 mg., 8.6 mg.	50 mg., 8.6 mg.	60 ct.	\$4.50
5062	Stomach Relief Liquid, 525 mg., 8 oz.	525 mg.	1 ct.	\$5.50
5336	Stomach Relief Tablets, 262 mg.	262 mg.	30 ct.	\$5.00
4446	Tagamet HB 200®, 200 mg.	200 mg.	30 ct.	\$15.00
5361	Tucks® Medicated Cooling Pads, 50%	50%	100 ct.	\$14.00

Item #	Description	Strength	Count	Price
4445	TUMS® Chewy Bites Extra Strength, 750 mg.	750 mg.	32 ct.	\$11.00
5800	TUMS® Extra Strength, 750 mg.	750 mg.	96 ct.	\$8.50
4147	TUMS® Smoothies Extra Strength, 50 mg.	750 mg.	60 ct.	\$10.00
4480	TUMS® Smoothies Extra Strength, 750 mg.	750 mg.	140 ct.	\$18.00
4146	TUMS® Ultra Strength, 1,000 mg.	1,000 mg.	72 ct.	\$10.00
5247	Vitafusion® Fiber Gummy‡	-	90 ct.	\$19.50
<b>Eye &amp; Ear Care</b>				
5004	Artificial Tears Drops, 0.5 oz.	-	1 ct.	\$8.50
5487	Clear Eyes® Eye Drops, 0.2 oz.	-	1 ct.	\$6.00
5385	Cotton Swabs	-	300 ct.	\$5.00
5031	Ear Dry Drops, 1 oz.	-	1 ct.	\$7.50
5815	Ear Pain Relief Ear Drops, 10 ml.	-	1 ct.	\$12.50
5166	Ear Syringe	-	1 ct.	\$2.25
5189	Earwax Removal Drops, 6.5%, 0.5 oz.	6.5%	1 ct.	\$4.50
5704	Earwax Removal System with Rubber Bulb, 6.5%	6.5%	1 ct.	\$9.50
5138	Eye Wash Solution, 3.9 oz.	-	1 ct.	\$8.00
5041	Irritation Relief Eye Drops, 0.5 oz.	-	1 ct.	\$7.75
4096	Lubricating Eye Drops, 0.4%, 0.5 oz.	0.4%	1 ct.	\$10.00
4104	Lubricating Eye Drops, Refresh Plus®, 0.5%, 0.01 oz.	0.5%	50 ct.	\$29.00
4105	Lubricating Eye Drops, Refresh Tears®, 15 ml.	-	1 ct.	\$20.00
5705	Multi-Purpose Contact Lens Solution, 12 oz.	-	1 ct.	\$8.00
4469	Ocusoft® Eyelid Scrub Cleanser Pads	-	30 ct.	\$22.50
4458	Olopatadine Once Daily Eye Allergy Relief, 0.2%, 2.5 ml.	0.2%	1 ct.	\$15.00
5473	Pain Relief Mask, Gel	-	1 ct.	\$9.00
5608	Q-Tips® Cotton Swabs	-	170 ct.	\$6.00
5513	Reading Glasses, Diopter +1.0	-	1 ct.	\$6.00
5514	Reading Glasses, Diopter +1.25	-	1 ct.	\$6.00
5515	Reading Glasses, Diopter +1.5	-	1 ct.	\$6.00
5516	Reading Glasses, Diopter +1.75	-	1 ct.	\$6.00

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
5517	Reading Glasses, Diopter +2.0	-	1 ct.	\$6.00
5518	Reading Glasses, Diopter +2.25	-	1 ct.	\$6.00
5519	Reading Glasses, Diopter +2.5	-	1 ct.	\$6.00
5520	Reading Glasses, Diopter +2.75	-	1 ct.	\$6.00
5521	Reading Glasses, Diopter +3.0	-	1 ct.	\$6.00
5522	Reading Glasses, Diopter +3.25	-	1 ct.	\$6.00
5523	Reading Glasses, Diopter +3.5	-	1 ct.	\$6.00
4041	Reading Glasses, Diopter +3.75	-	1 ct.	\$6.00
5524	Reading Glasses, Diopter +4.0	-	1 ct.	\$6.00
5048	Redness Relief Eye Drops, 0.5 oz.	-	1 ct.	\$4.50
5706	Stye Eye Compress	-	1 ct.	\$11.50
5707	Stye Eye Ointment, 3.5 gm.	-	1 ct.	\$11.00
5494	Visine® Redness Relief Drops, 0.5 oz.	-	1 ct.	\$12.00
<b>Feminine Care</b>				
5619	Estroven® Menopause Relief†	-	30 ct.	\$20.00
4155	Feminine Anti-Itch Cream, 20%, 1 oz.	20%	1 ct.	\$3.75
5114	Feminine Hygiene Wipes	-	40 ct.	\$6.00
<b>First Aid &amp; Medical Supplies</b>				
5404	Adhesive First Aid Tape*	-	1 ct.	\$3.75
5682	Alcohol Swabs*	-	3 ct.	\$3.25
5816	Antiseptic Skin Cleanser, 8 oz.	-	1 ct.	\$11.00
6005	Antiseptic Towelettes	-	100 ct.	\$6.00
5798	Bacitracin Ointment, 1 oz.	-	1 ct.	\$5.00
5698	Bactine® Solution, 5 oz.	-	1 ct.	\$10.00
5151	Bandage, Stretch Gauze*	-	1 ct.	\$4.50
5173	Bandages, Assorted*	-	100 ct.	\$7.50
4476	Bandages, Assorted Fabric*	-	100 ct.	\$9.50
4061	Bandages, Finger & Knuckle	-	20 ct.	\$6.00
4093	Bandages, Knuckle	-	100 ct.	\$7.50
5128	Band-Aids®*	-	100 ct.	\$13.50
5203	Benadryl® Cream, 1 oz.	-	1 ct.	\$9.00
5547	Burn Relief Spray, 4 oz.	-	1 ct.	\$7.00
5199	Butterfly Closures	-	12 ct.	\$4.00
5066	Calamine Lotion, 6 oz.	-	1 ct.	\$5.00



Item #	Description	Strength	Count	Price
5699	Caldyphen Clear Lotion Local Analgesic, 1%, 6 oz.	1%	1 ct.	\$7.00
5192	Cotton Balls	-	100 ct.	\$4.75
5866	Cotton Tipped Applicator, 6"	-	1,000 ct.	\$10.00
5078	Diphenhydramine Anti-Itch Cream, 2%, 1.25 oz.	2%	1 ct.	\$6.50
5194	Disposable Gloves, Nitrile, Small	-	100 ct.	\$19.00
5193	Disposable Gloves, Nitrile, Medium	-	100 ct.	\$19.00
5191	Disposable Gloves, Nitrile, Large	-	100 ct.	\$19.00
5930	Disposable Gloves, Nitrile, X-Large	-	100 ct.	\$19.00
5867	First Aid Kit, 20 Pieces	-	1 ct.	\$4.50
5612	First Aid Kit, 75 Pieces	-	1 ct.	\$9.00
5711	First Aid Kit, 175 Pieces	-	1 ct.	\$17.00
5605	Flex Seal™ Spray Bandage, 1.35 oz.*	-	1 ct.	\$7.00
5459	Gauze Pad, Sterile*	-	100 ct.	\$11.00
5433	Gauze Sponges, 4" x 4"*	-	25 ct.	\$7.00
5526	Hot Cold Reusable Pack, 5" x 10"	-	1 ct.	\$4.00
5400	Hydrocortisone Cream, 1%, 1 oz.	1%	1 ct.	\$5.00
5527	Hydrogen Peroxide, 3%, 4 oz.	3%	1 ct.	\$2.50
5227	Hydrogen Peroxide, 3%, 8 oz.	3%	1 ct.	\$4.50
5317	Ice Bag	-	1 ct.	\$8.00
4468	Kinesiology Tape	-	20 ct.	\$12.00
5045	Liquid Bandage, 0.3 oz.	-	1 ct.	\$9.00
5059	Neosporin® Ointment, 0.5 oz.	-	1 ct.	\$8.00
5250	Neosporin® Plus, 0.5 oz.	-	1 ct.	\$11.00
5437	Petroleum Jelly, 4 oz.	-	1 ct.	\$4.75
5712	Povidone Iodine Solution Antiseptic, 4 oz.	-	1 ct.	\$5.75
5817	Procedural Face Masks with Earloops	-	50 ct.	\$14.00
5541	Rubbing Alcohol, 70%, 16 oz.*	70%	1 ct.	\$5.00
5131	Tape, Paper Surgical, 1" x 10 yd.*	-	1 ct.	\$2.50
6042	Tape, Paper Surgical, 2" x 10 yd.*	-	1 ct.	\$3.50
6043	Tape, Silk Surgical, 1" x 10 yd.*	-	1 ct.	\$2.50
6044	Tape, Silk Surgical, 2" x 10 yd.*	-	1 ct.	\$3.50
6045	Tape, Transparent Surgical, 1" x 10 yd.*	-	1 ct.	\$2.50
6046	Tape, Transparent Surgical, 2" x 10 yd.*	-	1 ct.	\$3.50

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
4082	Tegaderm™ Patches, 2.375" x 2.75"	-	8 ct.	\$14.00
5544	Toe Separator	-	6 ct.	\$8.50
4039	Triple Antibiotic + Pain Relief Ointment, 1 oz.	-	1 ct.	\$7.00
5869	Triple Antibiotic Ointment, 1 oz.	-	1 ct.	\$6.00
4453	Vaseline® Petroleum Jelly, 7.5 oz.	-	1 ct.	\$8.50
5121	Warm & Cold Water Bottle	-	1 ct.	\$9.00
<b>Foot Care</b>				
4052	Arch Support, Adjustable	-	1 pair	\$28.00
5818	Bunion Guard	-	1 ct.	\$9.00
5219	Callus Cushions	-	6 ct.	\$2.75
5216	Clotrimazole Athlete's Foot Cream, 1%, 1.5 oz.	1%	1 ct.	\$4.00
5497	Compound W® Gel, 17%, 0.25 oz.	17%	1 ct.	\$13.00
5196	Corn & Callus Remover, 0.33 oz.	-	1 ct.	\$6.00
6018	Corn Remover Pads	-	9 ct.	\$5.75
4461	Dr. Scholl's® Ingrown Toenail Pain Reliever Kit	-	12 ct.	\$17.00
5543	Foot Powder, 4 oz.	-	1 ct.	\$4.75
5819	Hammer Toe Crest	-	1 ct.	\$10.00
4124	Insoles for Men, Trim To Fit	-	1 pair	\$5.00
4125	Insoles for Women, Trim To Fit	-	1 pair	\$5.00
4464	Kerasal® Fungal Nail Renewal, 0.33 oz.	-	1 ct.	\$30.00
5667	Lamb's Wool Padding	-	1 ct.	\$4.00
5164	Liquid Wart Remover, 0.31 oz.	-	1 ct.	\$6.00
5013	Lotrimin® AF Cream, 1%, 0.42 oz.	1%	1 ct.	\$16.50
5158	Medicated Callus Removers	-	6 ct.	\$3.75
5431	Miconazole Nitrate, 2%, 1 oz.	2%	1 ct.	\$6.00
5159	Moleskin Sheets	-	4 ct.	\$4.00
4216	Plantar Fasciitis Sleeve, Small	-	1 ct.	\$14.00
4217	Plantar Fasciitis Sleeve, Medium	-	1 ct.	\$14.00
4218	Plantar Fasciitis Sleeve, Large	-	1 ct.	\$14.00
4219	Plantar Fasciitis Sleeve, X-Large	-	1 ct.	\$14.00
5162	Tinactin® Cream, 1%, 0.5 oz.	1%	1 ct.	\$17.00
4045	Toe Cushions, Foam (4-in-1)	-	1 pair	\$6.50

Item #	Description	Strength	Count	Price
6049	Toe Protector, Small	-	1 ct.	\$8.00
6050	Toe Protector, Large	-	1 ct.	\$8.00
5165	Tolnaftate Antifungal Cream, 1%, 1.25 oz.	1%	1 ct.	\$5.00
<b>Hemorrhoidal Preparations</b>				
5414	Hemorrhoid Ointment, 2 oz.	-	1 ct.	\$6.00
5076	Hemorrhoid Pad, 50%	50%	100 ct.	\$8.00
5351	Hemorrhoid Suppository	-	12 ct.	\$6.75
4044	Preparation H® Cream, 1.8 oz.	-	1 ct.	\$25.00
5057	Preparation H® Ointment, 2 oz.	-	1 ct.	\$21.00
5820	Preparation H® Medicated Wipes	-	48 ct.	\$11.50
<b>Home Diagnostic &amp; Patient Aids</b>				
5813	Activity Tracker	-	1 ct.	\$55.00
4050	Automatic Pill Dispenser	-	1 ct.	\$115.00
5602	Bathroom Scale, Dial‡\$	-	1 ct.	\$20.00
5119	Bathroom Scale, Digital‡\$	-	1 ct.	\$47.50
5814	Bathroom Scale, Digital Talking‡\$	-	1 ct.	\$55.00
5562	Blood Pressure Monitor, Manual‡	-	1 ct.	\$20.00
5371	Blood Pressure Monitor, Upper Arm Automatic‡	-	1 ct.	\$45.00
4428	Blood Pressure Monitor, Upper Arm Automatic, Adult (8.6"-11.8") & X-Large Cuff (16.5"-18.8")‡	-	1 ct.	\$60.00
4100	Blood Pressure Monitor, Upper Arm, Omron®‡	-	1 ct.	\$60.00
5573	Blood Pressure Monitor, Upper Arm Talking‡	-	1 ct.	\$55.00
5370	Blood Pressure Monitor, Wrist‡	-	1 ct.	\$40.00
4099	Blood Pressure Monitor, Wrist, Omron®‡	-	1 ct.	\$65.00
5872	Blood Pressure Monitor, Wrist Talking‡	-	1 ct.	\$50.00
5100	Button & Zipper Aid	-	1 ct.	\$6.00
6013	Cast, Bandage & Wound Protector, Arm	-	2 ct.	\$14.00
6014	Cast, Bandage & Wound Protector, Leg	-	2 ct.	\$14.00
6019	CPAP Mask Wipes	-	72 ct.	\$12.00
6020	CPAP Pillow Fiber Filled	-	1 ct.	\$47.50
6021	CPAP Pillow Memory Foam	-	1 ct.	\$80.00

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
5709	Cushion, Foam Ring	-	1 ct.	\$20.00
5710	Cushion, Gel/Foam Seat	-	1 ct.	\$30.00
5873	Cushion, Lumbar	-	1 ct.	\$23.00
4053	Deep Tissue Therapy Wand	-	1 ct.	\$55.00
4002	Drug Disposal System, 4 oz.	-	1 ct.	\$7.50
5874	Elastic Mattress Cover, 80" x 36" x 6"	-	1 ct.	\$7.00
5723	EZ Detect™ Colon Cancer Test Kit‡	-	1 ct.	\$19.50
5201	Heart Rate Monitor Watch‡	-	1 ct.	\$40.00
5778	HIV Test‡	-	1 ct.	\$50.00
5503	Humidifier, Ultra-Sonic	-	1 ct.	\$55.00
5614	Humidifier, Ultra-Sonic, Crane®	-	1 ct.	\$65.00
5124	Kitchen Scale, Dial‡	-	1 ct.	\$7.00
5821	Kitchen Scale, Digital‡	-	1 ct.	\$25.00
5500	Long Handle Bath Sponge	-	1 ct.	\$12.00
4154	Magnifying Glass	-	1 ct.	\$6.00
6034	Medical ID Bracelet, Diabetic	-	1 ct.	\$11.00
6035	Medical ID Bracelet, Heart	-	1 ct.	\$11.00
4003	Medication Lock Box	-	1 ct.	\$45.00
5822	Medicine Bottle Opener with Magnifier	-	1 ct.	\$10.00
5639	Night Light	-	1 ct.	\$6.00
9998	OTC Rapid Antigen Test, COVID-19, 2-Pack	-	1 ct.	\$30.00
4141	Pedometer	-	1 ct.	\$15.00
5692	Personal Steam Inhaler	-	1 ct.	\$53.00
5246	Pill Bottle Opener Aid	-	1 ct.	\$8.00
5242	Pill Box, 7 Day, 1 Time a Day	-	1 ct.	\$3.75
5210	Pill Box, 7 Day, 4 Times a Day	-	1 ct.	\$7.00
5508	Pill Box, 7 Day, AM & PM	-	1 ct.	\$9.00
5823	Pill Crusher with Storage	-	1 ct.	\$9.00
5824	Pill Cutter with Safety Shield	-	1 ct.	\$7.00
5096	Pulse Oximeter‡	-	1 ct.	\$40.00
5098	Reaching Aid Device	-	1 ct.	\$16.00
5656	Shoe Horn	-	1 ct.	\$3.00
5415	Thermometer Probe Cover	-	30 ct.	\$3.00
5149	Thermometer, 60 Second	-	1 ct.	\$3.75

Item #	Description	Strength	Count	Price
6048	Thermometer, Digital Ear	-	1 ct.	\$30.00
5172	Thermometer, Flex Tip	-	1 ct.	\$7.50
4436	Thermometer, No-Touch Temple	-	1 ct.	\$25.00
5627	Thermometer, Talking Ear & Forehead	-	1 ct.	\$48.50
<b>Home Health Care</b>				
4126	Cane Tip, 3/4"	-	1 ct.	\$4.00
5539	Cane, Adjustable Quad Bariatric*	-	1 ct.	\$37.00
5315	Cane, Adjustable Quad Standard*	-	1 ct.	\$22.00
6041	Cane, Adjustable Quad Large*	-	1 ct.	\$26.00
5538	Cane, Folding*	-	1 ct.	\$15.00
4075	Hypoallergenic Pillow	-	1 ct.	\$24.50
5491	Peak Flow Meter‡	-	1 ct.	\$11.50
<b>Incontinence Supplies</b>				
5525	A&D Ointment, 4 oz.	-	1 ct.	\$6.25
4095	A&D Plus Vitamin E Ointment, 13 oz.	-	1 ct.	\$8.00
6001	Adult Briefs, Medium (Adhesive Closure), 32" to 44"*	-	24 ct.	\$18.00
6002	Adult Briefs, Large (Adhesive Closure), 44" to 58"*	-	24 ct.	\$20.00
6003	Adult Briefs, X-Large (Adhesive Closure), 58" to 63"*	-	20 ct.	\$20.00
5447	Adult Washcloths Disposable*	-	48 ct.	\$8.50
5714	Attends® Discreet Men's Guard*	-	20 ct.	\$14.00
5879	Attends® Discreet Women's Moderate Bladder Control Pad*	-	20 ct.	\$10.00
5880	Attends® Discreet Women's Maximum Bladder Control Pad*	-	20 ct.	\$15.00
5715	Attends® Discreet Women's Ultimate Bladder Control Pad*	-	20 ct.	\$22.00
5881	Attends® Discreet Women's Panty Liner*	-	28 ct.	\$11.00
5716	Attends® Discreet Women's Ultrathin Pad*	-	20 ct.	\$8.00
4416	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Medium, 34" to 44"*	-	18 ct.	\$35.00

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
4417	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Large, 44" to 58"*	-	16 ct.	\$35.00
4418	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, X-Large, 58" to 68"*	-	14 ct.	\$35.00
4419	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, XX-Large, 68" to 80"*	-	10 ct.	\$35.00
5717	Barrier Cream, 4 oz.	-	1 ct.	\$8.50
5825	Bathing Wipes	-	8 ct.	\$9.50
6011	Bedpan	-	1 ct.	\$3.00
5150	Bladder Control Pad, Adult*	-	14 ct.	\$7.00
4151	Bladder Control Pad, Heavy*	-	20 ct.	\$20.00
5720	Bladder Control Shaped Pad, Moderate Absorbency*	-	28 ct.	\$13.00
5718	Bladder Control Shaped Pad, Maximum Absorbency*	-	28 ct.	\$14.00
5719	Bladder Control Shaped Pad, Ultimate Absorbency*	-	28 ct.	\$17.00
6101	Depend® Briefs, Small/Medium (Adhesive Closure), 19" to 34"*	-	20 ct.	\$30.00
6102	Depend® Briefs, Large/X-Large (Adhesive Closure), 35" to 49"*	-	16 ct.	\$30.00
6106	Depend® Men's Disposable Underwear Pull-Up, Small/Medium*	-	19 ct.	\$30.00
6107	Depend® Men's Disposable Underwear Pull-Up, Large*	-	17 ct.	\$30.00
6108	Depend® Men's Disposable Underwear Pull-Up, X-Large*	-	15 ct.	\$30.00
6103	Depend® Women's Disposable Underwear Pull-Up, Small*	-	19 ct.	\$30.00
6104	Depend® Women's Disposable Underwear Pull-Up, Medium*	-	18 ct.	\$30.00
6105	Depend® Women's Disposable Underwear Pull-Up, Large*	-	17 ct.	\$30.00
5883	Disposable Underwear Pull-Up, Medium, 34" to 44"*	-	20 ct.	\$17.00
5882	Disposable Underwear Pull-Up, Large, 44" to 58"*	-	18 ct.	\$17.00

Item #	Description	Strength	Count	Price
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"*	-	14 ct.	\$17.00
5529	Flushable Wipes*	-	24 ct.	\$8.00
5443	Lady's Washable Panty, Small*	-	1 ct.	\$21.00
5444	Lady's Washable Panty, Medium*	-	1 ct.	\$21.00
5445	Lady's Washable Panty, Large*	-	1 ct.	\$21.00
5446	Lady's Washable Panty, X-Large*	-	1 ct.	\$21.00
6030	Lantiseptic® Skin Protectant Ointment, 50%, 4 oz.	50%	1 ct.	\$10.00
5440	Men's Washable Underwear, Small*	-	1 ct.	\$21.00
5441	Men's Washable Underwear, Medium*	-	1 ct.	\$21.00
5439	Men's Washable Underwear, Large*	-	1 ct.	\$21.00
5442	Men's Washable Underwear, X-Large*	-	1 ct.	\$21.00
5885	No-Rinse Body Wash, 8 oz.	-	1 ct.	\$4.00
6040	Perineal Wash Rinse-Free, 8 oz.	-	1 ct.	\$4.75
6058	Underpad, Disposable, 23" x 24"*	-	50 ct.	\$16.50
5721	Underpad, Disposable, 23" x 36"*	-	15 ct.	\$12.00
5722	Underpad, Disposable, 30" x 30"*	-	10 ct.	\$11.50
6059	Underpad, Extra Absorbent Air Permeable, 30" x 36"*	-	5 ct.	\$14.50
4187	Urinal, Female	-	1 ct.	\$11.00
6032	Urinal, Male	-	1 ct.	\$3.75
5413	Zinc Oxide Ointment, 20%, 1 oz.	20%	1 ct.	\$2.75
<b>Pain Relief</b>				
4423	Acetaminophen & Ibuprofen Dual Action Tablets, 250 mg. 125 mg.	250 mg. 125 mg.	36 ct.	\$8.00
5430	Acetaminophen Arthritis, 650 mg.	650 mg.	100 ct.	\$13.00
5303	Acetaminophen Extra Strength Tablets, 500 mg.	500 mg.	100 ct.	\$9.00
4421	Acetaminophen Headache Powders	-	24 ct.	\$9.00
6066	Acetaminophen Plus Aspirin & Caffeine, 250 mg., 250 mg., 65 mg.	250 mg., 250 mg., 65 mg.	100 ct.	\$9.00
5428	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	500 mg., 25 mg.	50 ct.	\$5.00
6039	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	500 mg., 25 mg.	100 ct.	\$9.00

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
5302	Acetaminophen Tablets, 325 mg.	325 mg.	100 ct.	\$4.00
4101	ActivICE™ Pain Relief Gel, 4 oz.	-	1 ct.	\$12.00
5054	Advil® LiquiGels, 200 mg.	200 mg.	20 ct.	\$10.00
4145	Advil® PM Caplets, 200 mg., 38 mg.	200 mg., 38 mg.	20 ct.	\$9.00
5053	Advil® Tablets, 200 mg.	200 mg.	50 ct.	\$15.00
5375	After Bite® Relief, 0.5 oz.	-	1 ct.	\$6.50
5243	Aleve® Caplets, 220 mg.	220 mg.	24 ct.	\$8.00
5256	Aleve® Caplets, 220 mg.	220 mg.	90 ct.	\$20.00
4040	Aspercreme® with Lidocaine, 4%, 2.7 oz.	4%	1 ct.	\$13.00
4148	Aspercreme®, 10%, 3 oz.	10%	1 ct.	\$11.00
5073	Aspirin Chewables, Low Dose, 81 mg.	81 mg.	36 ct.	\$4.50
5297	Aspirin Tablets, 325 mg.	325 mg.	100 ct.	\$5.00
5064	Aspirin, Enteric Coated Tablets, 325 mg.	325 mg.	100 ct.	\$5.50
5090	Aspirin, Enteric Coated Tablets, Low Dose, 81 mg.	81 mg.	120 ct.	\$6.00
5205	Bayer® Aspirin, 325 mg.	325 mg.	100 ct.	\$12.00
5034	Bayer® Enteric Coated Aspirin, Low Dose, 81 mg.	81 mg.	32 ct.	\$7.00
5493	Bengay® Cream, 2 oz.	-	1 ct.	\$8.50
4466	Biofreeze® Pain Relief Roll-On, 4%, 2.5 oz.	4%	1 ct.	\$16.00
4465	Biofreeze® Pain Relieving Spray, 10.5%, 3 oz.	10.5%	1 ct.	\$15.00
5251	Capsaicin Cream, 0.025%, 2.1 oz.	0.025%	1 ct.	\$7.00
4007	Capsaicin Heat Patch, 0.025%	0.025%	2 ct.	\$3.00
5080	Cold Hot Medicated Patch	-	5 ct.	\$9.75
4038	Diclofenac Arthritis Pain Relief Gel, 1%, 3.53 oz.	1%	1 ct.	\$15.00
4013	Eagle Brand Medicated Oil, 24 ml.	-	1 ct.	\$12.00
4014	Eagle Brand Medicated Oil, Lavender, 24 ml.	-	1 ct.	\$13.00
5363	Ecotrin® Enteric Coated Aspirin Tablets, 325 mg.	325 mg.	125 ct.	\$10.50
4062	Epsom Salt, 16 oz.	-	1 ct.	\$5.00
5011	Excedrin® Migraine Tablets, 250 mg., 250 mg., 65 mg.	250 mg., 250 mg., 65 mg.	24 ct.	\$9.50



Item #	Description	Strength	Count	Price
5314	Fast Freeze® Pain Relief Spray, 4 oz.	-	1 ct.	\$11.50
6027	Heating Pad Digital, 12" x 15"*	-	1 ct.	\$45.00
5472	Heating Pad, 12" x 15"*	-	1 ct.	\$25.00
5726	Heating Pad, X-Large, 12" x 24"*	-	1 ct.	\$40.00
5725	Heating Pad Wrap For Shoulder, Neck & Back, 25" x 26"*	-	1 ct.	\$70.00
5886	HeatWraps, Back & Hip	-	2 ct.	\$8.00
5887	HeatWraps, Neck & Shoulder	-	3 ct.	\$8.00
5020	Ibuprofen Chewables, 100 mg.	100 mg.	24 ct.	\$7.00
5401	Ibuprofen Liquid Gels, 200 mg.	200 mg.	20 ct.	\$4.75
5093	Ibuprofen Tablets, 200 mg.	200 mg.	50 ct.	\$5.00
5485	Ibuprofen Tablets, 200 mg.	200 mg.	100 ct.	\$8.50
4108	Icy Hot® Pain Relief Cream, 1.25 oz.	-	1 ct.	\$6.50
5342	Icy Hot® Pain Relief Roll-On, 16%, 2.5 oz.	16%	1 ct.	\$10.00
5341	Icy Hot® Patch, 5%	5%	5 ct.	\$10.00
4150	Lidocaine Pain Relief Cream, 4%, 2.7 oz.	4%	1 ct.	\$8.00
5888	Lidocaine Patch, 4%	4%	5 ct.	\$10.50
4008	Medicated Pain Relief Patch	-	60 ct.	\$9.00
4009	Medicated Pain Relief Patch, Large	-	6 ct.	\$10.00
5826	Menthol Gel, 8 oz.	-	1 ct.	\$7.75
5457	Muscle Rub Cream, 1.25 oz.	-	1 ct.	\$4.00
5017	Naproxen Sodium Caplets, 220 mg.	220 mg.	50 ct.	\$6.50
5889	Naproxen Sodium Caplets, 220 mg.	220 mg.	90 ct.	\$9.00
4107	Salonpas® Deep Pain Relief Gel, 2.75 oz.	-	1 ct.	\$12.50
5383	Salonpas® Patch	-	6 ct.	\$13.50
4106	Salonpas® Patch, Lidocaine, 4%	4%	6 ct.	\$15.00
4103	Salonpas® Patch, Small	-	60 ct.	\$15.00
4015	Siang Pure Oil Original Red Formula, 7 ml.	-	1 ct.	\$12.50
5366	Tens Unit, Analog	-	1 ct.	\$44.00
4036	Tens Unit, Digital	-	1 ct.	\$50.00
4019	Tiger Balm® Liniment, 2 oz.	-	1 ct.	\$11.00
5318	Tiger Balm® Muscle Rub, 2 oz.	-	1 ct.	\$9.50
4018	Tiger Balm® Ointment, Extra Strength, 0.63 oz.	-	1 ct.	\$8.00

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
4020	Tiger Balm® Ointment, Ultra Strength, 1.7 oz.	-	1 ct.	\$14.00
4016	Tiger Balm® Patch, Regular	-	5 ct.	\$10.00
4017	Tiger Balm® Patch, Large	-	4 ct.	\$13.00
4449	Tylenol® Arthritis Pain Tablets, 650 mg.	650 mg.	225 ct.	\$36.50
5423	Tylenol® Extra Strength Tablets, 500 mg.	500 mg.	100 ct.	\$19.00
4448	Tylenol® Extra Strength Tablets, 500 mg.	500 mg.	225 ct.	\$33.00
5425	Tylenol® PM Extra Strength Tablets, 500 mg.	500 mg.	24 ct.	\$12.00
5424	Tylenol® Regular Strength Tablets, 325 mg.	325 mg.	100 ct.	\$13.50
6065	Urinary Pain Relief, 95 mg.	95 mg.	30 ct.	\$9.50
4481	Voltaren® Arthritis Pain Relief Gel, 1%, 3.53 oz.	1%	1 ct.	\$27.00
5727	Wellpatch® Migraine	-	4 ct.	\$7.00
<b>Pediculicide (Lice Treatment)</b>				
5411	Lice Comb	-	1 ct.	\$1.75
5827	Lice Elimination Kit	-	1 kit	\$24.00
5024	Lice Treatment Shampoo, 4%, 4 oz.	4%	1 ct.	\$11.00
<b>Personal Care</b>				
5390	Anti-Dandruff Shampoo, 11 oz.	-	1 ct.	\$6.50
4463	Lotrimin® Jock Itch Spray Powder, 2%, 4.6 oz.	2%	1 ct.	\$16.50
4130	Medicated Body Powder, 8 oz.	-	1 ct.	\$4.00
4467	Scalpicin® Scalp Itch-Relief, 1%, 1.5 oz.	1%	1 ct.	\$12.00
<b>Rehabilitation, Therapy &amp; Exercise</b>				
6078	Eating Utensils, Weighted & Bendable	-	1 set	\$49.00
6067	Exercise Resistance Band, X-Light	-	1 ct.	\$4.00
6068	Exercise Resistance Band, Light	-	1 ct.	\$4.00
6069	Exercise Resistance Band, Medium	-	1 ct.	\$4.00
6070	Exercise Resistance Band, Heavy	-	1 ct.	\$4.00
6071	Exercise Resistance Band, X-Heavy	-	1 ct.	\$4.00
6072	Exercise Resistance Band, 2X-Heavy	-	1 ct.	\$4.00
4026	Gel Hand Exerciser Ball, Extra Soft	-	1 ct.	\$10.00
4027	Gel Hand Exerciser Ball, Soft	-	1 ct.	\$10.00

Item #	Description	Strength	Count	Price
4028	Gel Hand Exerciser Ball, Medium	-	1 ct.	\$10.00
4029	Gel Hand Exerciser Ball, Firm	-	1 ct.	\$10.00
4030	Gel Hand Exerciser Ball, Extra Firm	-	1 ct.	\$10.00
4031	Gel Hand Exerciser Ball, Set of 5 Resistances	-	1 ct.	\$40.00
4034	Hand Weight, 1 lb.	-	1 ct.	\$24.00
4035	Hand Weight, 2 lb.	-	1 ct.	\$24.00
6073	Pedal Exerciser	-	1 ct.	\$50.00
6074	Rehab & Hip Kit (Reacher, Shoehorn, Sock Aid, Bath Sponge)	-	1 ct.	\$24.00
6075	Shoulder Pulley	-	1 ct.	\$17.00
6076	Sock Aid	-	1 ct.	\$6.00
6077	Stretch Strap	-	1 ct.	\$14.00
4033	Wrist & Ankle Cuff Weight, 1 lb.	-	1 ct.	\$24.00
4032	Wrist & Ankle Cuff Weight, 2.5 lb.	-	1 ct.	\$24.00
<b>Skin Care</b>				
5397	Acne Gel Benzoyl Peroxide, 10%, 1.5 oz.	10%	1 ct.	\$7.50
5535	Aloe Vera Cream, 6 oz.	-	1 ct.	\$5.50
4097	Aloe Vera Gel, 16 oz.	-	1 ct.	\$6.00
5890	Ammonium Lactate Moisturizing Lotion, 12%, 8 oz.	12%	1 ct.	\$10.00
5620	Anti-Bacterial Bar Soap	-	1 ct.	\$2.50
5432	Anti-Bacterial Liquid Soap Pump, 7.5 oz.	-	1 ct.	\$6.00
5169	Anti-Bacterial Wet Wipes	-	20 ct.	\$4.00
4452	Aveeno® Eczema Therapy Cream, 5 oz.	-	1 ct.	\$16.50
5091	Dry Skin Cream, 16 oz.	-	1 ct.	\$11.50
4143	Hand Sanitizer Gel, 2 oz.	-	1 ct.	\$3.00
5924	Hand Sanitizer Gel, 8 oz.	-	1 ct.	\$5.00
5486	Insect Repellent, Cutter® Backwoods, 6 oz.	-	1 ct.	\$10.00
6036	Moisturizing Body Lotion with Aloe, 8 oz.	-	1 ct.	\$ 8.00
5665	Sunscreen, SPF 30, 4 oz.	-	1 ct.	\$ 8.00
<b>Sleep Aids</b>				
5074	Diphenhydramine Sleep Tablets	-	50 ct.	\$7.00
5891	Nasal Strips, Medium	-	30 ct.	\$13.00

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
5892	Nasal Strips, Large	-	30 ct.	\$13.00
5340	Unisom® Tablets, 25 mg.	25 mg.	16 ct.	\$10.00
<b>Smoking Cessation</b>				
5050	Nicotine Gum, 2 mg.‡	2 mg.	20 ct.	\$9.00
5049	Nicotine Gum, 4 mg.‡	4 mg.	20 ct.	\$9.00
5285	Nicotine Gum, 4 mg.‡	4 mg.	50 ct.	\$20.00
5689	Nicotine Lozenge, 4 mg.‡	4 mg.	72 ct.	\$38.00
5686	Nicotine Patches, Step 1, 21 mg. / 24 hr.‡	21 mg./24 hr.	14 ct.	\$33.00
5687	Nicotine Patches, Step 2, 14 mg. / 24 hr.‡	14 mg./24 hr.	14 ct.	\$33.00
5688	Nicotine Patches, Step 3, 7 mg. / 24 hr.‡	7 mg./24 hr.	14 ct.	\$33.00
<b>Supports &amp; Braces</b>				
5395	Ankle Support	-	1 ct.	\$4.00
5146	Anti-Embolism Stockings, Small	-	1 pair	\$6.00
5148	Anti-Embolism Stockings, Medium	-	1 pair	\$6.00
5560	Anti-Embolism Stockings, Large	-	1 pair	\$6.00
5147	Anti-Embolism Stockings, X-Large	-	1 pair	\$6.00
5120	Arm Sling	-	1 ct.	\$11.00
5207	Arthritis Gloves, Small	-	1 pair	\$24.00
5208	Arthritis Gloves, Medium	-	1 pair	\$24.00
5209	Arthritis Gloves, Large	-	1 pair	\$24.00
6006	Arthritis Knee Sleeve, Small	-	1 ct.	\$24.00
6007	Arthritis Knee Sleeve, Medium	-	1 ct.	\$24.00
6008	Arthritis Knee Sleeve, Large	-	1 ct.	\$24.00
6009	Arthritis Knee Sleeve, X-Large	-	1 ct.	\$24.00
5894	Back Support Elastic with Lumbar	-	1 ct.	\$27.50
6090	Back Support with Suspenders, Small	-	1 ct.	\$19.50
6091	Back Support with Suspenders, Medium	-	1 ct.	\$19.50
6092	Back Support with Suspenders, Large	-	1 ct.	\$19.50
6093	Back Support with Suspenders, X-Large	-	1 ct.	\$19.50
5604	Back Support, Universal	-	1 ct.	\$25.00
5407	Carpal Tunnel Glove, Small	-	1 ct.	\$29.00
5408	Carpal Tunnel Glove, Medium	-	1 ct.	\$29.00
5409	Carpal Tunnel Glove, Large	-	1 ct.	\$29.00
5470	Carpal Tunnel Night Brace	-	1 ct.	\$30.00

Item #	Description	Strength	Count	Price
5895	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Medium (Shoe Size 6-8)‡	-	1 pair	\$16.00
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11)‡	-	1 pair	\$16.00
5897	Compression Knee-High Socks, 15-20 mmHg, Men's White, Medium (Shoe Size 6-8)‡	-	1 pair	\$16.00
5898	Compression Knee-High Socks, 15-20 mmHg, Men's White, Large (Shoe Size 7.5-11)‡	-	1 pair	\$16.00
5729	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Small (Shoe Size 4-5)‡	-	1 pair	\$16.00
5899	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Medium (Shoe Size 5.5-7.5)‡	-	1 pair	\$16.00
5900	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Large (Shoe Size 8-10.5)‡	-	1 pair	\$16.00
5728	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Small (Shoe Size 4-5)‡	-	1 pair	\$16.00
5901	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5)‡	-	1 pair	\$16.00
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5)‡	-	1 pair	\$16.00
5903	Deluxe Criss Cross Back Support, Small, 28" to 32"	-	1 ct.	\$23.00
5904	Deluxe Criss Cross Back Support, Medium, 33" to 37"	-	1 ct.	\$23.00
5905	Deluxe Criss Cross Back Support, Large, 38" to 42"	-	1 ct.	\$23.00
6024	Elastic Bandage, 2" x 4.5 yd.*	-	1 ct.	\$1.75
5398	Elastic Bandage, 3" x 5 yd.*	-	1 ct.	\$1.75
5152	Elastic Bandage, 4" x 5 yd.*	-	1 ct.	\$1.75
6025	Elastic Bandage, 6" x 5 yd.*	-	1 ct.	\$3.75
5906	Heel & Elbow Protector, Small	-	1 ct.	\$16.50
5907	Heel & Elbow Protector, Medium	-	1 ct.	\$16.50

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
5908	Heel & Elbow Protector, Large	-	1 ct.	\$16.50
5909	Heel & Elbow Protector, X-Large	-	1 ct.	\$16.50
5732	Hip Protector, Small	-	1 ct.	\$36.50
5731	Hip Protector, Medium	-	1 ct.	\$36.50
5730	Hip Protector, Large	-	1 ct.	\$36.50
5733	Hip Protector, X-Large	-	1 ct.	\$36.50
5734	Knee Stabilizer	-	1 ct.	\$21.00
5735	Knee Support, Elastic, Small	-	1 ct.	\$7.00
5736	Knee Support, Elastic, Small with Stays	-	1 ct.	\$17.50
5910	Knee Support, Elastic, Medium	-	1 ct.	\$7.00
5911	Knee Support, Elastic, Medium with Stays	-	1 ct.	\$17.50
5912	Knee Support, Elastic, Large	-	1 ct.	\$7.00
5913	Knee Support, Elastic, Large with Stays	-	1 ct.	\$17.50
5914	Protective Arm Sleeve, Small	-	1 pair	\$18.00
5915	Protective Arm Sleeve, Medium	-	1 pair	\$18.00
5916	Protective Arm Sleeve, Large	-	1 pair	\$18.00
5917	Protective Arm Sleeve, X-Large	-	1 pair	\$18.00
5737	Rib Belt, Female, One Size Fits Most	-	1 ct.	\$16.00
5738	Rib Belt, Male, One Size Fits Most	-	1 ct.	\$16.00
5391	Support, Knee with U-Buttress, Medium	-	1 ct.	\$30.00
5392	Support, Knee with U-Buttress, Large	-	1 ct.	\$30.00
5388	Support, Knee with U-Buttress, X-Large	-	1 ct.	\$30.00
6047	Tennis Elbow Support	-	1 ct.	\$9.00
5561	Thumb Brace	-	1 ct.	\$13.00
4077	Wrist Compression, Small	-	1 ct.	\$10.00
4078	Wrist Compression, Medium	-	1 ct.	\$10.00
4079	Wrist Compression, Large	-	1 ct.	\$10.00
5389	Wrist Support	-	1 ct.	\$6.00
<b>Vitamins &amp; Dietary Supplements</b>				
4133	5-HTP Tablets, 200 mg.‡	200 mg.	30 ct.	\$28.00
4054	Acidophilus Probiotics, 500 mm.‡	500 mm.	100 ct.	\$11.00
4144	Alpha Lipoic Acid Capsule, 600 mg.‡	600 mg.	30 ct.	\$17.00
5068	Antioxidant Tablets‡	-	50 ct.	\$7.00
4149	Apple Cider Vinegar Tablet, 300 mg.‡	300 mg.	250 ct.	\$12.00

Item #	Description	Strength	Count	Price
4022	Ashwagandha Capsules‡	-	60 ct.	\$26.50
6012	Beta Carotene, 7,500 mcg.‡	7,500 mcg.	100 ct.	\$8.00
5359	Biotin Gummy, 5,000 mcg.‡	5,000 mcg.	60 ct.	\$12.50
4426	Biotin Gummy, Sugar-Free, 5,000 mcg.‡	5,000 mcg.	60 ct.	\$13.50
5300	Calcium, 600 mg.‡	600 mg.	60 ct.	\$7.00
5355	Calcium + Vitamin D3 Gummy, 500 mg., 25 mcg.‡	500 mg., 25 mcg.	60 ct.	\$14.00
5298	Calcium + Vitamin D3 Tablets, 600 mg.‡	600 mg.	60 ct.	\$6.50
5739	Calcium Chew, Chocolate, 650 mg.‡	650 mg.	60 ct.	\$11.00
5181	Calcium, Oyster Shell, 500 mg.‡	500 mg.	100 ct.	\$6.00
4056	Centrum® Adults 50+ Gummy‡	-	90 ct.	\$18.00
5001	Centrum® Silver Vitamins‡	-	125 ct.	\$23.00
4474	Centrum® Silver Men Vitamins‡	-	200 ct.	\$30.00
4473	Centrum® Silver Women Vitamins‡	-	200 ct.	\$30.00
5000	Centrum® Vitamins‡	-	130 ct.	\$25.00
4037	Chromium Picolinate, 200 mcg.‡	200 mcg.	100 ct.	\$6.00
4024	Cinnamon Capsules, 1,000 mg.‡	1,000 mg.	100 ct.	\$10.00
5402	Cod Liver Softgels, 400 mg.‡	400 mg.	100 ct.	\$8.00
5156	Coenzyme Q-10, 100 mg.‡	100 mg.	30 ct.	\$16.50
4131	Cranberry Capsules, 500 mg.‡	500 mg.	90 ct.	\$6.50
5306	Daily Multivitamin‡	-	100 ct.	\$3.00
5918	Daily Multivitamin Gummy‡	-	120 ct.	\$15.00
4424	Daily Multivitamin Gummy, Sugar-Free‡	-	60 ct.	\$14.50
6063	DHEA Hormonal Supplement, 25 mg.‡	25 mg.	90 ct.	\$9.50
5182	Echinacea, 400 mg.‡	400 mg.	100 ct.	\$10.00
5448	Eye Supplement Tablets‡	-	60 ct.	\$7.00
5740	Ferrous Gluconate Iron Supplement, 240 mg.‡	240 mg.	100 ct.	\$4.25
5299	Ferrous Sulfate Iron Supplement, 325 mg.‡	325 mg.	100 ct.	\$6.00
5140	Fish Oil Softgels, 1,000 mg.‡	1,000 mg.	60 ct.	\$14.50
5271	Flaxseed Oil Softgels, 1,000 mg.‡	1,000 mg.	100 ct.	\$9.50
5071	Folic Acid, 400 mcg.‡	400 mcg.	100 ct.	\$3.00
5668	Folic Acid, 800 mcg.‡	800 mcg.	100 ct.	\$4.75
5069	Garlic Oil, 500 mg.‡	500 mg.	100 ct.	\$10.00

## Over-the-Counter (OTC) Catalog

Item #	Description	Strength	Count	Price
4023	Ginkgo Biloba Capsules, 60 mg.‡	60 mg.	50 ct.	\$8.00
4021	Ginseng Capsules, 200 mg.‡	200 mg.	50 ct.	\$5.00
6026	Glucosamine (Joint Health Support), 500 mg.‡	500 mg.	60 ct.	\$9.00
5176	Glucosamine Chondroitin, 1,500 mg., 1,200 mg.‡	1,500 mg., 1,200 mg.	60 ct.	\$20.00
5919	Immune Support Chewables‡	-	50 ct.	\$11.00
4081	Leg Cramps Pain Relief Caplets‡	-	40 ct.	\$12.00
5436	Lutein, 20 mg.‡	20 mg.	60 ct.	\$12.00
5742	Magnesium, 250 mg.‡	250 mg.	100 ct.	\$6.00
5328	Magnesium, 500 mg.‡	500 mg.	100 ct.	\$11.00
4230	Magnesium Oxide, 400 mg.‡	400 mg.	120 ct.	\$8.00
5273	Melatonin, 3 mg.‡	3 mg.	90 ct.	\$10.00
5358	Melatonin Gummy, 5 mg.‡	5 mg.	120 ct.	\$18.00
4456	Nature Made® B-12, Sublingual, 1,000 mcg.‡	1,000 mcg.	50 ct.	\$14.00
4457	Nature Made® B-Complex + Vitamin C‡	-	100 ct.	\$15.00
4454	Nature Made® Calcium + Vitamin D3 Tablets, 600 mg.‡	600 mg.	60 ct.	\$16.00
4455	Nature Made® Vitamin D3 Tablets , 25 mcg.‡	25 mcg.	100 ct.	\$13.00
4459	Nervive® Nerve Health Tablets‡	-	30 ct.	\$32.50
5743	Niacin, 100 mg.‡	100 mg.	100 ct.	\$4.50
5184	Niacin, 500 mg.‡	500 mg.	100 ct.	\$6.00
5255	Niacin Flush Free, 500 mg.‡	500 mg.	100 ct.	\$14.00
5920	One Daily Men's Multivitamin‡	-	100 ct.	\$8.50
5186	One Daily Women's Multivitamin‡	-	100 ct.	\$8.50
5174	Potassium Gluconate, 595 mg.‡	595 mg.	100 ct.	\$5.50
4447	PreserVision® AREDS 2 Eye Vitamin & Mineral Supplement‡	-	60 ct.	\$27.00
4069	Red Rice Yeast, 1,200 mg.‡	1,200 mg.	120 ct.	\$12.00
5744	Rena-Vite‡	-	100 ct.	\$7.00
5226	Selenium, 200 mcg.‡	200 mcg.	60 ct.	\$5.00
5132	Senior Multivitamin‡	-	90 ct.	\$7.00
4005	Senior Men's Multivitamin‡	-	100 ct.	\$11.00
4006	Senior Women's Multivitamin‡	-	100 ct.	\$11.50
5921	Stress Formula Tablets with Zinc‡	-	60 ct.	\$5.00



Item #	Description	Strength	Count	Price
4025	Turmeric Capsules, 500 mg.‡	500 mg.	60 ct.	\$10.00
5065	Vitamin A, 3,000 mcg.‡	3,000 mcg.	100 ct.	\$6.50
5745	Vitamin B-1, 100 mg.‡	100 mg.	100 ct.	\$6.00
5308	Vitamin B-12, 100 mcg.‡	100 mcg.	100 ct.	\$4.00
5746	Vitamin B-12, 500 mcg.‡	500 mcg.	100 ct.	\$6.50
6060	Vitamin B-12, 1,000 mcg.‡	1,000 mcg.	100 ct.	\$12.00
5922	Vitamin B-12, Sublingual, 5,000 mcg.‡	5,000 mcg.	30 ct.	\$10.00
4098	Vitamin B-50 Complex‡	-	60 ct.	\$8.00
5747	Vitamin B-6, 100 mg.‡	100 mg.	100 ct.	\$6.00
5305	Vitamin B-Complex‡	-	100 ct.	\$4.00
5179	Vitamin B-Complex + Vitamin C‡	-	100 ct.	\$7.00
5248	Vitamin B-Complex Gummy‡	-	70 ct.	\$12.00
5301	Vitamin C, 500 mg.‡	500 mg.	100 ct.	\$9.00
5748	Vitamin C, 1,000 mg.‡	1,000 mg.	100 ct.	\$12.50
5492	Vitamin C Gummy, 250 mg.‡	250 mg.	60 ct.	\$12.00
5175	Vitamin D3, 10 mcg.‡	10 mcg.	100 ct.	\$3.75
5183	Vitamin D3, 25 mcg.‡	25 mcg.	100 ct.	\$10.00
5749	Vitamin D3, 125 mcg.‡	125 mcg.	100 ct.	\$10.50
5356	Vitamin D3 Gummy, 50 mcg.‡	50 mcg.	60 ct.	\$12.00
4425	Vitamin D3 Gummy, Sugar-Free, 50 mcg.‡	50 mcg.	60 ct.	\$12.50
5750	Vitamin E, 45 mg.‡	45 mg.	100 ct.	\$5.50
5269	Vitamin E, 180 mg.‡	180 mg.	100 ct.	\$10.75
5274	Zinc Tablets, 50 mg.‡	50 mg.	100 ct.	\$7.50

\* Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

\*\* Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

<sup>1</sup> Scales are only available to members with congestive heart failure or liver disease, to monitor fluid retention. This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions. To see the most up-to-date version of the catalog, visit your MyBenefits portal. NationsBenefits reserves the right to limit the quantities of OTC items dispensed.



# Bathroom Safety Devices Catalog

## How do I order?



### Order by mail

Complete the order form included in this catalog and mail it to the address at the bottom of the form.



### Order by phone

Call **844-479-6334** (TTY:711). Member Experience Advisors are available 8 a.m.-8 p.m., seven days a week.



### Order online

Visit [dualprime.nationsbenefits.com](https://dualprime.nationsbenefits.com) to place your order online. Allow two days for delivery after your order is processed for your product(s) to arrive.

## What is my allowance?



### Bathroom safety devices

Through this catalog, you can order 2 Bathroom Safety Devices, all at no cost to you! The plan is not responsible for any costs associated with the assembly and/or installation of these items. Both Bathroom Safety Devices must be ordered at the same time and cannot be split into 2 separate orders.



# Bathroom Safety Devices Order Form

## STEP 1—COMPLETE YOUR INFORMATION BELOW

Member ID (found on Health ID card):		Date of Birth:	
First Name:		Last Name:	
Address:			Apt. #:
City		State	ZIP
Phone:		Email (optional):	

## STEP 2—PRODUCT SELECTION

Cash, checks, credit cards or money orders are not accepted under this bathroom safety devices benefit.

ITEM #	PRODUCT NAME	QUANTITY	PRICE
			\$
			\$

## STEP 3—MAIL COMPLETED FORM

Mail this completed form to the following address:

NationsOTC  
1700 N. University Drive  
Plantation, FL 33322

If you have any questions or need assistance placing your order, please call us at **844-479-6334** (TTY: 711). Member Experience Advisors are available 8 a.m–8 p.m., seven days a week. Language support services are available if needed.

I understand that the phone numbers and/or emails I provided on this form may be used by the health plan or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.



Item #	Description	Strength	Count	Price
5647	Bath Mat, Non-Skid	-	1 ct.	\$14.00
5851	Bath Safety Bench with Back	-	1 ct.	\$57.50
4156	Bath Safety Bench with Back & Arms	-	1 ct.	\$95.00
4157	Bath Safety Bench with Back, Bariatric	-	1 ct.	\$85.00
5537	Bath Safety Bench without Back	-	1 ct.	\$45.00
4051	Bath Safety Bench without Back, Bariatric	-	1 ct.	\$65.00
4180	Bath Safety Bench, Round	-	1 ct.	\$37.50
5802	Bed Assist Bar	-	1 ct.	\$55.00
4159	Bed Wedge	-	1 ct.	\$55.00
4163	Bedside Commode, Bariatric Drop Arm*	-	1 ct.	\$220.00
4162	Bedside Commode, Bariatric*	-	1 ct.	\$127.50
4164	Bedside Commode, Drop Arm*	-	1 ct.	\$120.00
4160	Bedside Commode Bucket	-	1 ct.	\$6.50
4161	Bedside Commode Liners	-	1 ct.	\$13.00
5708	Bedside Commode*	-	1 ct.	\$80.00
5803	Gait Belt, 60"	-	1 ct.	\$15.00
5804	Gait Belt, 72"	-	1 ct.	\$15.00
5591	Handheld Shower Head	-	1 ct.	\$25.00
5218	Knurled Chrome Grab Bar, 12"	-	1 ct.	\$20.00
5542	Knurled Chrome Grab Bar, 24"	-	1 ct.	\$26.00
5805	Knurled Chrome Grab Bar, 32"	-	1 ct.	\$36.00
5532	Raised Toilet Seat, Locking	-	1 ct.	\$40.00
4175	Raised Toilet Seat, Non-Locking	-	1 ct.	\$35.00
5534	Raised Toilet Seat with Arms	-	1 ct.	\$50.00
4071	Safety Treads, Tub & Stair	-	1 pack	\$4.75
4179	Shower Caddy	-	1 ct.	\$30.00
5853	Shower Mat, Non-Skid	-	1 ct.	\$14.00
5806	Slipper Socks, One Size Fits Most	-	1 ct.	\$6.50
5533	Toilet Safety Rails	-	1 ct.	\$50.00
5536	Transfer Bench, Adjustable	-	1 ct.	\$90.00
4181	Transfer Bench, Bariatric	-	1 ct.	\$185.00
5230	Tub Safety Bar	-	1 ct.	\$40.00
5032	Tub Safety Bar, Suction 12"	-	1 ct.	\$16.00
4186	Tub Safety Bar, Suction 19"	-	1 ct.	\$32.50

\* Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

### What can I order?

Products in the *2025 OTC and Bathroom Safety Devices Catalog* can be ordered. These products may change throughout the year. For the most up-to-date listing of covered products, go to [dualprime.nationsbenefits.com](https://dualprime.nationsbenefits.com).

Please refer to your 2025 Evidence of Coverage for details regarding your OTC and Bathroom Safety Devices benefits. These benefits may change each year on January 1. Your order may not exceed your maximum benefit allowance. Limitations and restrictions may apply. Cash, checks, credit cards, or money order are not accepted.

It is important to note that the OTC products and Bathroom Safety Devices are intended for members' health and medical use only. The health information provided in this catalog is general in nature and is not medical advice or a substitute for professional healthcare. CareFirst BlueCross BlueShield Medicare Advantage prohibits the use of the OTC benefit to order OTC products for family members and friends. Returns are not accepted due to the personal nature of these OTC products and Bathroom Safety Devices.

The plan is not liable for improper assembly, installation, repairs, or other modification. Members are responsible for any, and all costs associated with the assembly and/or installation.

### Who do I call if I have questions?

Member Experience Advisors are available 8 a.m.–8 p.m., seven days a week to assist you. Call **844-479-6334** (TTY:711)

### Notices

CareFirst BlueCross BlueShield Medicare Advantage is an HMO-SNP Plan with a Medicare contract and a State of Maryland Medicaid contract. Enrollment in CareFirst BlueCross BlueShield Medicare Advantage depends on contract renewal.

CareFirst BlueCross BlueShield Medicare Advantage is the shared business name of CareFirst Advantage DSNP, Inc., which is independent licensee of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

This information is available for free in other languages. Please call us 8 a.m.–8 pm, seven days a week at **844-479-6334** (TTY:711).

The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care. This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. If an item selected is unavailable, it will be substituted for a similar product of equal or higher value at no additional cost.











**844-479-6334 (TTY:711)**

**8 a.m.–8 pm, seven days a week**

**[dualprime.nationsbenefits.com](https://dualprime.nationsbenefits.com)**

CareFirst BlueCross BlueShield Medicare Advantage is the business name of CareFirst Advantage DSNP Inc., an independent licensee of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.