

# See the Bigger Picture: Why Annual Eye Exams Matter



## Your Eyes Can Reveal More Than You Think

A comprehensive eye exam isn't just about updating your glasses — it's a powerful tool for detecting early signs of serious health conditions. Eye exams are important for people of all ages, especially children, as many vision and health issues can happen at any stage in life. Catching these signs early can lead to faster diagnosis, better treatment, and improved overall health.

### Health Conditions That Can Show Up in Your Eyes

|                          |                      |                         |
|--------------------------|----------------------|-------------------------|
| Alzheimer's Disease      | High Blood Pressure  | Rheumatoid Arthritis    |
| Candidiasis              | High Cholesterol     | Sarcoidosis             |
| Chronic Kidney Disease   | HIV / AIDS           | Sjögren's Syndrome      |
| Congestive Heart Failure | Leukemia             | Stroke                  |
| COVID-19                 | Lupus                | Syphilis                |
| Crohn's Disease          | Lyme Disease         | Thyroid Disease         |
| Depression               | Macular Degeneration | Toxoplasmosis           |
| Diabetes                 | Melanoma             | Tuberculosis            |
| Glaucoma                 | Multiple Sclerosis   | Ulcerative Colitis      |
| Graves' Disease          | Psoriatic Arthritis  | <i>and many more...</i> |

## What Happens During a Comprehensive Eye Exam?

- Vision testing and health screening
- Eye pressure check (for glaucoma)
- Refraction to determine prescription
- Dilated eye exam to view blood vessels and nerves

### Schedule Your Annual Eye Exam Today!

Don't wait for symptoms. Many eye and health conditions are silent in the early stages. An annual eye exam could be the first step in protecting your vision — and your life.