Designation of Personal Representative



You may designate a personal representative who will act on your behalf in making decisions related to health care, which includes treatment and payment issues. This individual can be a family member, friend, lawyer, or unrelated party.

Please type or print neatly. We will not process incomplete or illegible forms. Please keep a copy of this document for your records.

Please mail or fax this authorization to: CareFirst BlueCross BlueShield, Privacy Office, PO Box 14858, Lexington, KY 40512 Fax: 1-410-505-6692

| DESIGNATION OF PERSONAL REPRESENTATIVE IS GIVEN TO | | | | | | | | | |
|---|------------|--------------------------------|------------------|--|--|--|--|--|--|
| Name of Health Insurance Plan CareFirst BlueCross BlueShield Medicare Advantage | | | | | | | | | |
| TO RELEASE RECORDS OF | | | | | | | | | |
| Last Name, First Name | e, MI | | Member / Plan ID | | | | | | |
| Street Address | | | | | | | | | |
| City | | State | ZIP | | | | | | |
| Home Phone | Work Phone | Date of Birth (mm/dd/yyyy) / / | | | | | | | |
| I HEREBY DESIGNATE THE FOLLOWING INDIVIDUAL(S) AS MY PERSONAL REPRESENTATIVE(S) | | | | | | | | | |
| Name of Individual | | Phone | | | | | | | |
| Street Address | | | | | | | | | |
| City | | State | ZIP | | | | | | |
| Signature of Appointee | | | | | | | | | |
| Relationship to member | | Appointee Signature Date | | | | | | | |
| I hereby accept the above appointment. I certify that I have not been disqualified, suspended, or prohibited from practice before the Department of Health and Human Services (HHS); that I am not, as a current or former employee of the United States, disqualified from acting as the party's representative; and that I recognize that any fee may be subject to review and approval by the Secretary. | | | | | | | | | |

CareFirst BlueCross BlueShield Medicare Advantage is the business name of CareFirst Advantage, Inc., an independent licensee of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

| I HEREBY DESIGNATE THE FOLLOWING INDIVIDUAL | L(S) AS MY PERSONAL | REPRESENTATIVE(S) | | |
|---|---|--|--|--|
| Name of Individual | Phone | | | |
| Street Address | | | | |
| City | State | ZIP | | |
| Signature of Appointee | | | | |
| Relationship to member | Appointee Signature Date | | | |
| I hereby accept the above appointment. I certify that prohibited from practice before the Department of I as a current or former employee of the United State representative; and that I recognize that any fee massecretary. Name of Individual | Health and Human Ser s, disqualified from ac | rvices (HHS); that I am not, cting as the party's | | |
| Street Address | | | | |
| City | State | ZIP | | |
| Signature of Appointee | | , | | |
| Relationship to member | Appointee Signature Date | | | |
| I hereby accept the above appointment. I certify that prohibited from practice before the Department of I as a current or former employee of the United State representative; and that I recognize that any fee massecretary. | Health and Human Ser s, disqualified from ac | vices (HHS); that I am not, ting as the party's | | |
| Name of Individual | Phone | | | |
| Street Address | | | | |
| City | State | ZIP | | |
| Signature of Appointee | | , | | |
| Relationship to member | Appointee Signature Date | | | |
| I hereby accept the above appointment. I certify that prohibited from practice before the Department of Hacurrent or former employee of the United States, dure representative; and that I recognize that any fee may secretary. | lealth and Human Servisqualified from acting | vices (HHS); that I am not, as g as the party's | | |

PLEASE READ EACH OF THE FOLLOWING STATEMENTS CAREFULLY BEFORE SIGNING THIS DOCUMENT

- 1. I understand that this designation will expire one year from my signature date.
- 2. I understand that this designation is voluntary and being made at my request.
- 3. I understand that the released information may no longer be protected by federal privacy laws and may be redisclosed by the individual or organization that receives the information.
- 4. I understand that I may refuse to sign this designation form. My health care provider will not condition treatment and my health plan will not condition payment, enrollment, or eligibility on my signing this designation.
- 5. I understand that I may revoke this designation of personal representative at any time by sending a written notification to the Privacy Office at the address listed on page 1, and this revocation will be effective for future uses and disclosures of protected health information. However, I further understand that this revocation will not be effective for information that my health plan has already used or disclosed, relying on this designation.

| | , , | , | 0 | |
|-----------|-----|---|---|------|
| Signature | | | | Date |
| | | | | |

Must be the original signature of any person 18 years of age or older whose records have been requested. If this request is made by a personal representative on behalf of the individual, please attach a complete copy of the personal representative form or legal document indicating your legal authority to sign this form.

Any mental health or substance use disorder information, which has been disclosed from medical or other health care records, may be protected by federal and/or state law. If the records are so protected, Federal Regulation (42 CFR Part 2) and/or Washington, D.C. and Maryland mental health laws prohibit the recipient of the information from making any further disclosure of this information unless such disclosure is expressly permitted by the written consent of the person to who it pertains, or as otherwise permitted by 42 CFR Part 2 and/or Washington, D.C. and Maryland mental health laws. 42 CFR Part 2 prohibits unauthorized disclosure of these records.