

# Need a doctor, urgent care center or emergency room?

Find one day or night. Download the CareFirst app for free and you'll always have access to care.<sup>1</sup>

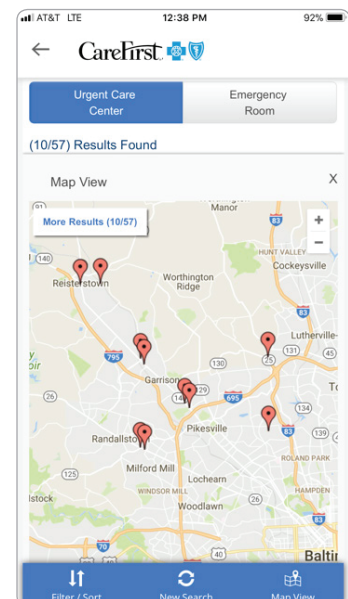
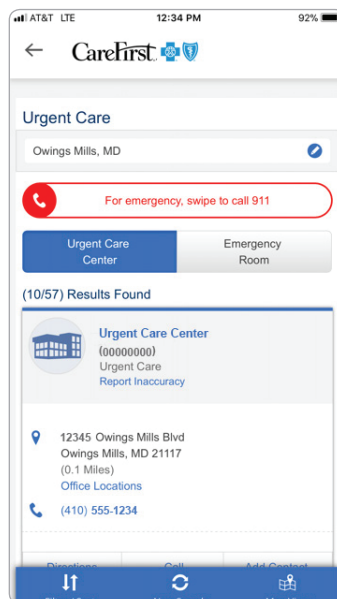
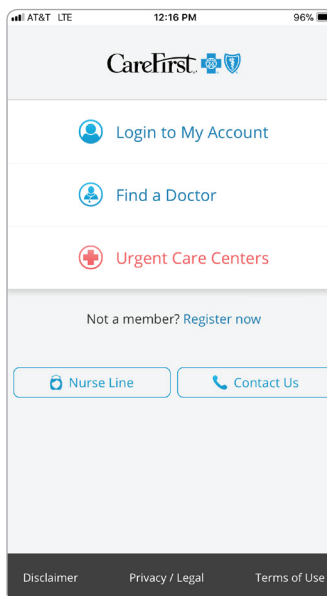
- Need a doctor? Select **Find a Doctor** for 24/7 access to providers nationwide.
- For non-emergency treatment, an urgent care center may save you time and money.<sup>2</sup> Tap **Urgent Care** for a list of centers nearby.<sup>3</sup>
- Have an emergency? Our app will find the closest emergency room. Choose **Urgent Care Centers**, then **Emergency Room**.
- Simply need medical advice after hours? Choose **Nurse Line** to call our free nurse advice line.

## Quick tips:

- Choose **Directions** to enable the map feature or to get directions to your desired selection
- Tap **Call** to contact the provider or facility directly
- Select **Add Contact** to add the provider or facility to your device's contacts

Dial 911 if you are experiencing a life-threatening emergency that requires immediate care.

Care where and when you need it; the CareFirst app makes it possible.



<sup>1</sup> Search for "CareFirst" in your favorite app store to download the app to your device.

<sup>2</sup> Urgent Care—a condition that requires prompt medical attention, but is not a threat to life or limb.

<sup>3</sup> App must have access to your phone's location services.

