

## CQR QuickStart Getting Started with CQR

Our CareFirst Quality Rewards (CQR) program is taking off and we want to make sure you are on board. The instructions below will help you get started and on your way to earning points and increasing your reimbursement fees.

### 1. What do you need to get started?

- CQR Program Measure Menu
- External Organization Quality Programs Brochure
  - Each document is available for printing at: [www.carefirst.com](http://www.carefirst.com) > Providers & Physicians > Solution Center > Pay-For-Performance-CareFirst Quality Rewards **or** contact your designated Provider Relations Representative.

### 2. Review the CQR Program Measure Menu of options.

### 3. Get started:

- Designate a physician quality program champion to direct the program and an administrative staff member to do the work.
- Review the Quality and Service Oriented Business Practice Measures in the CQR Program Measure Table. Choose the measures that best fit your practice.
- Choose a combination of Quality Program Measures and earn up to 80 points.
- Assess your Service Oriented Business Practice Measures and earn up to 20 points.

Some CQR Program Measures are physician submitted. Please see the table below as well as the CQR Program Measure Menu.

- Send your documentation to CareFirst at:  
 Email: [cqr@carefirst.com](mailto:cqr@carefirst.com)  
 Fax: 410-781-7638  
 You will receive confirmation of receipt via email or telephone.
- Submit all documentation prior to July 31, 2009, in order to earn points in the CQR Program for early 2010 and qualify for an increased reimbursement of 101%, 104%, or 107% of standard reimbursement. Please include your name, CareFirst Regional Network provider number and telephone number on all documents.

**4. Webinars that qualify for CQP points will be announced throughout the year. Once dates have been confirmed, you can register for a seminar by visiting the Providers & Physicians section of [www.carefirst.com](http://www.carefirst.com) and selecting Register for a Seminar in the Solution Center.**

**5. If you have any questions about the CQR program, please contact your provider relations representative.**

Physician Submits Data for These Measures	CareFirst Has Data for These Measures
NCQA* physician programs CMS PQRI participation MOC Part IV (ABIM* only) ABMS PSIP Joint Commission* accreditation CCHIT medical record use e-Prescribing CAQH enabled credentials	HEDIS-PM score E-claims Affordability score Office hours CareFirst CME diversity training CareFirst web-based office staff Training

\*You may authorize these organizations to report this for you.