

Get the Most Out of Your Healthcare Plan

Contact your Care Guide today 8 a.m.-8 p.m., ET Monday through Friday.

1-800-558-9922 help@helloporter.com



To Learn More, use your camera to click on the QR code.



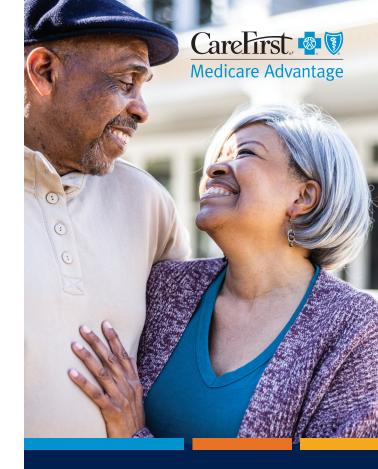
Dedicated Concierge Care from the Comfort of Your Home

www.helloporter.com/member-info/

CareFirst BlueCross BlueShield Medicare Advantage has an HMO-SNP, HMO and PPO plan with a Medicare contract. Enrollment in CareFirst BlueCross BlueShield Medicare Advantage depends upon contract renewal.

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Get Personalized Care Coordination and Assistance Through Your Health Plan



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Porter is Here for YOU

As part of your member benefits with CareFirst, Inc., you now have Porter to deliver care concierge services at **no additional cost.**

How we help

- Dedicated care guide
- Porter practicioner in-home visit
- Personalized care plan with care guide support for 30-days
- Help with necessary follow-up appointments
- Assist in navigating plan benefits
- Facilitate necessary medical equipment
- Connection to community and local services
- Education on your unique conditions
- Support for your entire care circle





Experience the Care Guide Difference

With Porter, your dedicated Care Guide is with you every step of the way.

How we have helped others

- Meal delivery
- Transportation
- Meal prep
- Housekeeping
- Home modification support for activities of daily living
- Find primary care provider or specialist
- Schedule appointments

Recover with Confidence

- 1. Your Porter Care Guide will reach out to you via phone.
- 2. We review and support any immediate health needs you may have.
- **3.** We schedule your In-Home Visit with your Porter practitioner.
- 4. We research and help you take full advantage of your Health Plan Benefits.
- 5. We support all your needs for the next 30 days.

Have Questions?



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